



Code of Conduct for Adult Players and Spectators

Players are the most important people in the sport. Playing for the team, and for the team to win, is the most fundamental part of the game. But not winning at any cost. Fair play and respect for all others in the game are also fundamentally important. Players should be aware of their obligations towards the game.

A player should:

- Make every effort to develop their own sporting abilities, in terms of skill, technique, tactics and stamina. Also give maximum effort and strive for the best possible performance during a game, even if his team is in a position where the desired result has already been achieved.
- Set a positive example for others, particularly young players and supporters and avoid all forms of gamesmanship and time-wasting.
- Always have regard to the best interests of the game, including where publicly expressing an opinion on the game and any particular aspect of it, including others involved in the game.
- Know, respect and abide by the laws, rules and spirit of the game, and the competition rules.
- Abide by the instructions of their Coach and Team Officials, provided they do not contradict the spirit of this code.
- Show due respect to the interests of supporters.

An adult player or spectator should:

- Show due respect towards the Team Officials of the opposition.
- Not use inappropriate language.
- Accept success and failure, victory and defeat, equally.
- Accept the decision of the Match Official without protest.
- Resist any temptation to take or use illegal or banned techniques.
- Avoid words or actions which may mislead a Match Official.